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## THE 7 C-DIFF REMINDERS



- Wash your hands with soap after using the restroom
- 2. Wash your hands with soap before consuming any food
- 3. Wash your hands with soap after changing diapers or caring for a loved one
- 4. Hold businesses and restaurants accountable for providing proper hand washing products
- **5.** Don't take unnecessary antibiotics
- **6.** Don't use a restroom after someone with diarrhea has used it
- **7.** Regularly clean all patient areas and bathrooms