THE 7 C-DIFF REMINDERS

1. Wash your hands with soap after using the restroom
2. Wash your hands with soap before consuming any food
3. Wash your hands with soap after changing diapers or caring for a loved one
4. Hold businesses and restaurants accountable for providing proper hand washing products
5. Don’t take unnecessary antibiotics
6. Don’t use a restroom after someone with diarrhea has used it
7. Regularly clean all patient areas and bathrooms